

BIRTH JUSTICE WARRIORS

Family Resource Guide

Use this guide to access the care that you
and your family need.

All services are located in or near
Nassau County.

Table of Contents

COVID-19 Resources3

Transportation4

Insurance4

Health Care Providers6

Mental Health 8

Disability Resources.....12

Domestic or Intimate Personal Violence Resources 13

Baby Supplies 16

Breastfeeding Assistance..... 16

Car Seat Safety Tips 18

Home Visiting Services..... 18

Food and Nutrition Services 19

Social Services..... 21

Legal Services 22

Midwife or Doula Services / Childbirth Education 24

Bilingual Services - Spanish 25

Early Childhood Programs27

Emergency Housing.....28

Housing/Utility Resources 29

Disclaimer:

All of the information in this resource guide is accurate as of June 25, 2021. Please check that the services are still available as you make referrals.

COVID-19 Resources

NYS Coronavirus Hotline

Contact: (888)-364-3065

Nassau County Coronavirus Resources

Contact: (516)-227-9570

Text COVID19NC to 888777 to receive the latest information on coronavirus in Nassau County on your mobile device.

To find a test site near you: coronavirus.health.ny.gov/find-test-site-near-you

To make a vaccine appointment:

Moderna Vaccine with the Nassau County Department of Health:
vaccine.nassaucountyny.gov

Nassau University Medical Center:
numc.edu/covid-19-vaccine-appointment-form-part-1

CVS: cvs.com

Walgreens:
walgreens.com/findcare/vaccination/covid-19?ban=covid_vaccine2_landing_schedule

Eligible veterans can call [516-572-6565](tel:516-572-6565) for a vaccine appointment.

For more information, please visit: <https://www.nassaucountyny.gov/vaccine>.

Transportation

Nassau Inter-County Express

Travel Information Center

Contact: (519)-336-6600

For more information, please visit nicebus.com.

Long Island Medicaid Transportation / ModivCare

Provides non-emergency medical transportation in Nassau and Suffolk County.

Contact: (844)-678-1103

Contact: longislandmedicaidride.net

2 Huntington Quadrangle, Suite 3s10

Melville, NY 11747

Insurance

NYS Official Health Plan Marketplace

Provides various health insurance options for individuals or families. You are able to compare health plan options and apply for assistance that could lower the cost of health coverage.

Contact: (855)-355-5777

Contact: nystateofhealth.ny.gov

Family Planning Benefit Program

Public health insurance program that provides confidential family planning and reproductive health services. You are eligible for if you are a female or male of childbearing age, a NYS resident, a U.S. citizen, national, Native American, or lawfully present, meeting certain income requirements (currently under 223% of the Federal Poverty Level), and not already enrolled in Medicaid.

For more information, please visit:

https://health.ny.gov/health_care/medicaid/program/longterm/familyplanbenprog.htm

Nassau County Enrollment: PPGNY, Melissa Cintellus,
melissa.cintellus@ppgreatereny.org, 516-750-2656

Sites Accepting:

Nassau Health Care Corporation (NuHealth): Elmont Family Health Center

Contact: (519)-571-8200

161 Hempstead Turnpike, Elmont NY 11003

Nassau Health Care Corporation (NuHealth): Hempstead Family Health Center

Contact: (516)-572-1300

135 Main Street, Hempstead NY 11550

**Nassau Health Care Corporation (NuHealth): Nassau University Medical Center,
Women's Health Center**

Contact: (516)-572-3348

2201 Hempstead Turnpike, East Meadow NY 11554

**Nassau Health Care Corporation (NuHealth): Roosevelt - Freeport Family Health
Center**

Contact: (516)-571-8600

380 Nassau Road, Roosevelt NY 11575

**Nassau Health Care Corporation (NuHealth): Westbury - New Cassel Family Health
Center**

Contact: (516)-571-9500

Planned Parenthood of Greater New York: Glen Cove Health Center

Contact: (516)-750-2500

110 School Street, Glen Cove NY 11542

Planned Parenthood of Greater New York: Hempstead Health Center

Contact: (516)-750-2500

540 Fulton Avenue, Hempstead NY 11550

Planned Parenthood of Greater New York: Massapequa Health Center

Contact: (516)-750-2500

35 Carmans Road, Massapequa 11758

Health Care Providers

Advantage Care Health Center

Provides medical, dental, pediatric to adults and women's health services. Also provides telehealth services. This is a Federally Qualified Health Center that can serve individuals regardless of their ability to pay.

Contact: (516)-686-4400

Contact: advantagecaredtc.org

Nassau University Medical Center

Offers all hospital and emergency medical needs while coordinating medical and lifestyle management resources. NUMC offers a Primary Care Center, Women's Health Center, and Pediatric and Adolescent Health Center. NUMC also offers telehealth services.

Contact: Main Line (516) 572-0123

2201 Hempstead Turnpike, East Meadow, NY 11554

NUMC Women's Health Center

Provides services such as prenatal care, routine gynecological services, maternal medicine, midwifery, prenatal education, and more.

Contact: (516) 486-6862

NuHealth Family Health Centers

Provides accessible primary care and specialty services regardless of insurance coverage or ability to pay.

Elmont: (516) 571-8200, 161 Hempstead Turnpike, Elmont, NY 11003

Roosevelt: (516) 571-8600, 380 Nassau Rd, Roosevelt, NY 11575

Hempstead: (516) 572-1300, 135 Main St., Hempstead, NY 11550

Westbury: (516)571-9500, 682 Union Ave, Westbury, NY 11590

NYU Langone Hospital-Long Island

Offers all hospital services, specialty services, and maternal and child care education services. Provides virtual urgent care for minor medical concerns which requires immediate care from a provider.

Contact: Main Line (516) 663-0333

259 First Street, Mineola NY 11501

NYU Winthrop Hospital Women's Wellness/ OBGYN

Comprehensive obstetric and gynecological care, free pregnancy tests, education, support, and social service referrals. All staff are bilingual in English and Spanish.

Contact: (516) 663-8878

1 Fulton Avenue Hempstead, NY 11550

Mercy Family Care Center

Provides pediatric, OB/GYN, and neonatal services.

Contact: (516) 705-1613

1000 N Village Ave, Rockville Centre, NY 11570

Glen Cove Hospital Family Medicine Residency Center

Provides family medicine, obstetric and gynecological services, and pediatric care.

Contact: (516) 674-7637

101 St Andrews Lane, Glen Cove, NY 11542

Northwell Health Physician Partners Obstetrics & Gynecology at Great Neck

Provides obstetric, gynecological, and prenatal services.

Contact: (516) 622-5148

600 Northern Boulevard, 1st Fl, Great Neck, NY 11022

Planned Parenthood of Greater New York

Provides affordable general and sexual healthcare and education. Contraception, STI testing, pregnancy testing, and on-site abortion services are available. Telehealth services are also offered.

Contact: (516) 750-2500

540 Fulton Ave, Hempstead, NY 11550

Mount Sinai South Nassau

Provides family medicine and specialty services such as obstetrics, prenatal care, and care for chronic illnesses.

Contact: (516) 255-8400

761 Franklin Blvd #102, Long Beach, NY 11561

Mental Health and Substance Use Resources

National Suicide Prevention Lifeline

Contact: 1-800-273-8255

Crisis Text Line

Text: HOME to 741741 to connect to a crisis counselor 24/7

Nassau County Behavioral Health Awareness Campaign Helpline

Contact: (516)-227-8255

LIRR Suicide Hotline

Contact: (877)-582-5586

Long Island Crisis Center

Provides 24/7, free, confidential suicide prevention and crisis intervention services.

24/7 Hotline: (516)-679-1111

ChatLIVE Long Island to speak with counselor on your mobile device:

<https://longislandcrisiscenter.org/get-help-now/#mobile>

2740 Martin Avenue, Bellmore NY 11710

Contact: longislandcrisiscenter.org

Pride For Youth

Service and advocacy organization for lesbian, gay, bisexual, transgender, and queer/questioning (LGBTQ) young people through age 45. Provides individual and family counseling to LGBTQ people through age 30.

Contact: (516)-679-9000

2050 Bellmore Avenue, Bellmore, NY 11710

Contact: longislandcrisiscenter.org/prideforyouth/

Advantage Care Health Center

Provides a variety of mental and behavioral health services. Also provides telehealth services.

Contact: (516)-686-4400 Contact: advantagecaredtc.org

Locations:

Advantage Care Health Center - Brookville

189 Wheatley Road, Brookville NY 11545

Advantage Care Health Center - Freeport

230 Hanse Avenue, Freeport, NY 11520

New Horizons

Provides behavioral health and substance use services in Queens, Nassau, and Suffolk Counties.

Contact: www.nhcc.us

North Shore Child and Family Guidance Center

Provides behavioral health services for children and adults.

Contact: northshorechildguidance.org

Locations:

North Shore Child and Family Guidance Center - Westbury

480 Old Westbury Road, Roslyn Heights, NY 11577

Contact: (516)-997-2926

North Shore Child and Family Guidance Center - Manhasset

80 North Service Road - L.I.E., Manhasset, NY 11030-4019 (northwest corner of Searingtown Road and the LIE - exit 36)

Contact: (516)-484-3174

North Shore Child and Family Guidance Center - Westbury

999 Brush Hollow Road, Westbury, NY 11590

Contact: (516)-997-2926

Family and Children's Association

Provides addiction support and recovery services, behavioral health and counseling services for adults and seniors, and shelter and services for homeless youth, adults, and veterans.

Contact: (516)-746-0350

377 Oak Street, 5th Floor, Garden City NY 11530

Contact: fcali.org

Long Island Federally Qualified Health Center

Provides a range of individual, family, and group treatments and medications services for behavioral health issues regardless of ability to pay. Sliding fee scale is available to all income-eligible insured, uninsured, and under-insured Long Islanders.

Contact: lifqhc.com

Locations:

Elmont Family Health Center

161 Hempstead Turnpike, Elmont NY 11003

Contact: (516)-571-8200

Freeport Family Health Center

101 South Bergen Place, Freeport NY 11520

Contact: (516)-623-3600

Hempstead Family Health Center

135 Main Street, Hempstead NY 11550

Contact: (516)-572-1300

Oceanside Family Health Center

3227 Long Beach Road Suite 2, Oceanside, NY 11572

Contact: (516)-678-0900 or (516)-431-1600

Roosevelt Family Health Center

380 Nassau Road, Roosevelt, NY 11575

Contact: (516)-571-8600

Westbury Family Health Center

682 Union Avenue, Westbury, NY 11590

Contact: (516)-571-9500

REACT

Offers addiction treatment and speciality services (English and Spanish) in individual, group, and family counseling.

Contact: (516)-623-7741

27 Washington Place, Roosevelt, NY 11575

Contact: opiny.org/sites/outreachs-react-center/

Disability Resources

AHRC Nassau

Connects individuals with intellectual and developmental disabilities with a variety of support and services ranging from adult day habilitation services to employment services.

Contact: (516)-546-7700

Contact: ahrc.org

189 Wheatley Road, Brookville, NY 11545-2699

N.Y. State Commission for the Blind and Visually Handicapped

Offers employability opportunities and other resources for people who are legally blind.

Contact: (516)-743-4188

711 Stewart Avenue, Suite 210, Garden City, NY 11530

Long Island Jewish Medical Center - Hearing and Speech Center

Offers services for hearing, speech, voice, swallowing, and language disorders.

Contact: (718)-470-7550

Contact: northwell.edu/otolaryngology/find-care/locations/hearing-speech-center

430 Lakeville Road, New Hyde Park, NY 11040

EPIC (Extraordinary People in Care) Long Island

Provides care, education, support, and services to individuals with epilepsy and developmental or intellectual disabilities.

Contact: (516)-739-7733

1500 Hempstead Turnpike, East Meadow, NY 11554

Domestic and Intimate Partner Violence Resources

National Domestic Violence

24/7 Hotline: 1-800-799-7233 and online chat is also available. Spanish services are offered.

Contact: thehotline.org

NYS Domestic and Sexual Violence

Contact: 1-(800)-942-6906, Deaf or Hard of Hearing: 711

Contact: opdv.ny.gov/help/dvhotlines.html

Violence Intervention Program (VIP)

24-hour live hotline (English/Spanish): 1-(800)-664-5880

Contact: vipmujeres.org

L.I Against Domestic Violence

24/7 hotline: (631)-666-8833

Contact: liadv.org

The Retreat

Provides domestic violence hotline, individual and group counseling, legal advocacy, residential shelter for adults and children, and violence prevention for children, teenagers, and adults. All services are free and confidential.

24/7 hotline: 631-329-2200

Contact: theretreatinc.org

Locations:

Main Office: 13 Goodfriend Drive, East Hampton, NY 11937

Contact: 631-761-4398

Contact: info@theretreatinc.org

Hauppauge Office

490 Wheeler Road, Hauppauge, NY 11788.

Contact: 631-761-8518

Brighter Tomorrows

Provides shelter services, counseling services, long term transitional housing, support groups, and community outreach.

Contact: (631)-395-1800

Contact: brightertomorrowli.org

VIBS

Provides counseling, advocacy, legal representation to victims of domestic violence, rape/sexual assault, child sexual abuse, elder abuse, human trafficking, and veterans. Also offers 24/7 hotline and online chat.

24/7 Hotline: (631)-360-3606

Contact: vibs.org

Hispanic Counseling Center

Domestic Violence Accountability Program: Opportunity for individuals to change behaviors through a 26 week group program.

(516) 538-2613 x239

Círculo de Hispanidad

Their Salva Domestic Violence program provides Spanish/English bilingual support services to victims of domestic violence including crisis intervention, evening apartments, case management, counseling, referrals, and court advocacy with family and criminal court issues.

Contact: cdlh.org

Locations:

Circulo Center - Hempstead

605 Peninsula Boulevard, Hempstead NY 11550

Contact: (516)-282-0145

Circulo Center - North Franklin

91 North Franklin Street, Suite 200, Hempstead NY 11550

Contact: (516)-292-2433

REACT

Provides domestic violence services.

Contact: (516)-623-7741

27 Washington Place, Roosevelt, NY 11575

Contact: opiny.org/sites/outreachs-react-center/

The Safe Center LI

Provides services for victims of domestic violence/dating violence, rape/sexual abuse, child abuse, commercial sexual exploitation and trafficking. They also offer legal advocacy, consultation, and representation for victims of domestic violence, dating violence, rape/sexual assault, and elder abuse.

Contact: tscli.org (516) 465-4700

Hotline: (516)-542-0404

15 Grumman Road West, Suite 1000, Bethpage NY 117714

Baby Supplies

Women First Pregnancy Options

Provides essential materials such as cribs, car seats, clothing, diapers, bottles, and more. Material aid is available every 3 months or through their Earn While You Learn Program.

Contact: lifecenterli.org

Hempstead: (516) 408-6300, 474 Fulton Ave, Hempstead, NY 11550

Massapequa: (516) 798-9100, 35 East Willow St, Massapequa, NY 11758

Ethical Friends of Children

Provides baby clothing, furniture, and supplies at no charge.

Contact: ehsli.org

Contact: (516) 741-7304

38 Old Country Road, Garden City, NY 11530

Lutheran Social Services

Infant Layette Program provides baby clothes and supplies.

Contact: lssny.org

Contact: (516) 483-3240

311 Uniondale Ave, Uniondale, NY 11553

Breastfeeding Assistance

Baby Cafe

Free virtual breastfeeding support group; drop in sessions with qualified lactation specialists for pregnant and breastfeeding moms. Available in English and Spanish. Weekly sessions online: [Click here](#)

Parent-Child Education at Mount Sinai South Nassau

Offers information and classes on breastfeeding, as well as other pregnancy and birth-related topics. South Nassau also offers breastfeeding support groups and a telephone support line.

Contact: southnassau.org

Lactation Resource Center: (516) 632-3466

Parent-Child Education and Support: (516) 377-5310

La Leche League

Provides accessible information and resources on breastfeeding. Information is available in multiple languages. Free meetings are available in multiple locations with local leaders.

Contact: llusa.org

Freeport: (516) 263-8780

Seaford: (516) 826-5110

It's Lactation Time

Offers home visits to support and educate mothers on breastfeeding and provide lactation consultations.

Contact: lactationtime.com

Contact: (516) 442-0563

contact@lactationtime.com

Nassau County WIC

Provides breastfeeding support and assistance. Services are available even if you are not a legal resident, do not have a green card, are not a US citizen, do not have a Social Security Number, you or other household members work, receive other public assistance, or are a foreign student.

Contact: nassaucountyny.gov/3565/WIC

Mineola: (516) 227-9453, 200 County Seat Drive, Mineola, NY 11501

Hempstead: (516) 571-1942, 160 North Franklin Street., Hempstead, NY 11550

Glen Cove: (516) 571-1942, 110 School Street, Glen Cove, NY 11542

Catholic Charities of Rockville Center: (516) 705-3645, 1000 N Village Avenue, Rockville Centre, NY 11570

Catholic Charities of Freeport: (516)-377-0157, 38 St. Johns Place, Freeport, NY 11520

Car Seat Safety Tips

Safe Start Program

Provides necessary safety restraints and educational resources to communities on the use of car seats and booster seats. Safe Start has mobile fitting stations where they are able to inspect safety restraints to ensure the well-being of children and babies.

Contact: eac-network.org/safe-start

Contact: (516) 292-7362

175 Fulton Ave, 4th Floor, Hempstead, NY 11550

Home Visiting Services

Good Beginnings for Babies

Provides support, counseling, advocacy and education for pregnant and parenting teens.

Contact: northshorechildguidance.org/about-us/programs-and-services/

Contact: (516) 997-2926

999 Brush Hollow Road, Westbury, NY 11590-1766

Visiting Nurse Service of New York (VNSNY) Nurse-Family Partnership Program (NFP)

Free nurse home visiting program for low-income first-time moms in Nassau County. The program begins before 28 weeks of pregnancy and concludes once the child is 2 years old. The eligibility criteria are: first-time mom, less than 28 weeks pregnant, meets

low-income threshold, and resides in Nassau County. Self-referrals and provider referrals accepted.

Contact: www.nursefamilypartnership.org

Contact: (516) 942-4580

375 N. Broadway, Ste 101, Jericho, NY 11753

Maternal and Infant Community Health Collaborative

Provides case coordination, goal setting, individual counseling, health education sessions, wellness assessments and referrals, and assistance with getting health insurance. Services available in English, Spanish, Turkish, French, and Haitian Creole.

Contact: eoc-nassau.org/michc

Contact:(516) 292-9710

134 Jackson St, Hempstead, NY 11550

Food and Nutrition Services

Catholic Charities WIC

Provides WIC services; food assistance and nutrition education. Applicants must be a resident of NYS - they will not ask about visa status or citizenship. Applicants must meet income eligibility requirements. Please visit their website to learn more.

Contact: catholiccharities.cc/women-infants-and-children-program

Contact: (516) 377 - 0157

333 N. Main Street, 3rd Floor, Freeport, NY 11520

Health and Welfare Council - Nutrition Outreach and Education

Connects Long Islanders with SNAP benefits by assisting with applications and providing necessary education and outreach through community events.

Contact: hwcli.com

Contact: (516) 505-4437

110 Walt Whitman Road, Suite 101, Huntington Station, NY 11746

Interfaith Nutrition Network (INN)

Soup kitchen with hot meals provided Monday - Friday 11:30 am - 1:30 pm, showers and food pantry available.

Contact: the-inn.org

Contact: (516) 486-6243

100 Madison Avenue, Hempstead, NY 11550

LI Council of Churches

Provides emergency food supplies to individuals and families.

Contact: licc-ny.org

Contact: (516) 565-0290

230 Hanse Avenue, Freeport, New York 11520

Long Island Cares

Operates a number of food pantries and other services and helps supply them with food.

Contact: licares.org

Contact: (631) 582-3663

10 Davids Drive (Harry Chapin Way), Happaug, NY 11788-2039

Island Harvest

Distributes fresh produce, meat, and non-perishables throughout Long Island.

Contact: islandharvest.org

Contact: (516) 294-8528

126 Spagnoli Road, Melville NY 11747

Nassau County WIC

WIC provides nutritious foods and nutrition counseling and education. Services are available even if you are not a legal resident, do not have a green card, are not a US

citizen, do not have a Social Security Number, you or other household members work, receive other public assistance, or are a foreign student.

Contact: nassaucountyny.gov/3565/WIC

Mineola: (516) 227-9453, 200 County Seat Drive, Mineola, NY 11501

Hempstead: (516) 571-1942, 160 North Franklin Street., Hempstead, NY 11550

Glen Cove: (516) 571-1942, 110 School Street, Glen Cove, NY 11542

Catholic Charities of Rockville Center: (516) 705-3645, 1000 N Village Avenue, Rockville Centre, NY 11570

Catholic Charities of Freeport: (516)-377-0157, 38 St. Johns Place, Freeport, NY 11520

S.T.R.O.N.G Youth, Inc

Youth, family, and community development organization specializing in youth and gang violence prevention and intervention. They do weekly food distributions on Mondays from 2:30-3:30 PM.

Contact: strongyouth.com

(516) 483-1350

599 Jerusalem Avenue, Uniondale, NY 11553

Supplemental Nutrition Assistance Program (SNAP)

SNAP provides supplemental financial assistance for food.

Contact: nassaucountyny.gov/1905/Supplemental-Nutrition-Assistance-Progra

Contact: (516) 227-8523

60 Charles Lindbergh Boulevard, Uniondale, NY 11553

Social Services

Nassau County Department of Social Services

Provides assistance to individuals and families and provides referrals for services.

Contact: nassaucountyny.gov/1895/Social-Services

Main Line: (516) 227-8519

60 Charles Lindbergh Blvd #160, Uniondale, NY 11553

After Hours: (516) 573-8626

Medicaid: (516) 227-8000

Day Care: (516) 227-7976

Child Care Services: (516) 227-7463

Employment Assistance: (516) 227-7461

Legal Services

Child Support Helpline

Services to help obtain, enforce, and review child support.

Contact: nassaucountyny.gov/1901/Child-Support-Enforcement

Contact: (888) 208-4485

Family Court

Specialized court for children and family cases including child abuse, custody, domestic violence, and child support.

Contact: nassaucountyny.gov/1893/Family-Court-Unit

Contact: (516) 493-4000

1200 Old Country Rd #2, Westbury, NY 11590

Legal Aid Society

Provides legal representation for those unable to afford counsel in child custody, child support, neglect, and family offense proceedings.

Contact: nclas.org

Contact: (516) 560-6400

40 Main St, Hempstead, NY 11550

Nassau Suffolk Law Services

No-fee law services based on income eligibility for cases related to family issues and essential services.

Contact: nslawservices.org

Contact: (516) 292-8100

1 Helen Keller Way 5th Floor, Hempstead, NY 11550

The Safe Center LI

Provides services for victims of domestic violence/dating violence, rape/sexual abuse, child abuse, commercial sexual exploitation and trafficking. They also offer legal advocacy, consultation, and representation for victims of domestic violence, dating violence, rape/sexual assault, and elder abuse.

Contact: tscli.org

Contact: (516) 465-4700

Hotline: (516)-542-0404

15 Grumman Road West, Suite 1000, Bethpage NY 117714

VIBS

Provides counseling, advocacy, legal representation to victims of domestic violence, rape/sexual assault, child sexual abuse, elder abuse, human trafficking, and veterans. Also offers 24/7 hotline and online chat.

24/7 Hotline: 631-360-3606

<https://www.vibs.org/>

Education and Assistance Corp (EAC)

Provides educational, vocational, counseling, and criminal justice services.

Contact: (516)-539-0150

50 Clinton Street, Suite 107, Hempstead, NY 11550

Central American Refugee Center

Provides legal assistance to immigrant communities in areas such as temporary protected status, DACA, green card renewals, naturalization, and family petitions. Offer services in English, Hindi, and Spanish.

Contact: (516)-489-8330

Contact: carecenny.org

91 North Franklin Street, Ste. 208, Hempstead, NY 11550

Community Legal Advocates of New York

Provides direct representation and counseling for immigration and non-immigration civil legal issues for free or low cost. Offers services in English and Spanish.

Contact: (516)-210-6763

38 Old County Road, #205 Garden City, NY 11530

The Long Island Advocacy Center

Provides legal assistance services to students and their families in education related cases.

Contact: (516)-248-2222

Contact: theliac.org

999 Herricks Road, New Hyde Park, NY 11040

Midwife and Doula Services/ Childbirth Education

Birth and Beyond

Support women and families during pregnancy, birth, postpartum and parenting by providing resources as well as personal and financial support.

Contact: birthandbeyondresources.com

Contact: (224) 357-7666

Long Island Doula Association

Provides information and education on pregnancy, birth, and postpartum. Connects mothers with doulas and other services. Black Maternity Wellness Collective works to help black mothers and families access services and support, including BMWC specific doulas.

Contact: lidoulas.com

Contact: (631) 574-2205

Long Island Midwives

Provides educational information and a directory of licensed midwives.

Contact: longislandmidwives.com

Bilingual Services- Spanish

Círculo de la Hispanidad

Provides services and referrals for housing, food assistance, and domestic violence.

Contact: cdlh.org

Hempstead: (516) 282-0145, 605 Peninsula Boulevard, Hempstead, NY 11550

Hempstead: (516) 292-2433, 91 North Franklin Street, Suite 200, Hempstead, NY 11550

Long Beach: (516) 431-1135, 26 W Park Ave, Ste B, Long Beach, NY 11561

Hispanic Counseling Center

Provides parent support groups, case management, and education for families.

Contact: hispaniccounseling.org

Contact: (516) 538-2613

344 Fulton Ave, Hempstead, NY 11550

Long Island Language Advocates Coalition (LILAC)

Coalition helping those with limited English proficiency with access to health care, law enforcement, social services, and justice services. Offers services in English, Haitian Creole, and Spanish.

Contact: longislandlanguageadvocates.org

Email: generalemail.lilac@gmail.com

Contact: (631)-650-2317

Nassau County Coordinating Agency for Spanish Americans

Provides bilingual assistance to residents seeking community, state, and federal agency services.

Contact: nassaucountyny.gov/1584/Office-of-Hispanic-Affairs

Contact: (516) 572-0750

40 Main St Unit 3, Hempstead, NY 11550

Centro Salvadoreño, Inc.

Provides information, education, and assistance to the Hispanic immigrant community. Offers English and Spanish classes, information on labor, tenants, and civil rights, immigration and naturalization, translations, and social service filing applications.

Contact: (516)-565-1550

54 Washington St. #1 and #2, Hempstead, NY 11550

Hempstead Hispanic Civic Association

Provides counseling, housing assistance, recreational activities, educational programs, leadership training, and bilingual tutoring services for the Hispanic community.

Contact: (516)-292-007

Contact: hempsteadhispanic.org

236 Main Street, Hempstead, NY 11550

Hispanic Brotherhood of Rockville Center, Inc

Provides after school program and tutoring programs, housing and employment counseling, translation, immigration and legal assistance, tenant and employee advocacy, and emergency food for the Hispanic immigrant community.

Contact: (516)-766-6610

Contact: hispanicbrotherhood.org

59 Clinton Avenue, Rockville Centre, NY 11570

La Fuerza Unida

Provides adult education, computer literacy and career training, youth program, housing and foreclosure counseling, and citizenship and immigration services. Offers services and Spanish.

Contact: (516)-759-0788

Contact: lfuinc.org

40 Glen Street, Suite 1 2nd Floor, Glen Cove NY 11542

Early Childhood Programs

Help Me Grow Long Island

Connects parents and families with childcare services and provides information, referrals, screens, and care coordination.

Contact: helpmegrowny.org/long-island/

Contact: (516) 548-8924 or Dial 2-1-1 and press 7

Email: info@hmgli.org

Child Care Council of Nassau

Connects parents and families with child care services applicable to their needs.

Contact: childcarenassau.org Contact: (516) 358-9250

99 Quentin Roosevelt Blvd, Garden City, NY 11530

Nassau County Department of Social Services

Provides referrals, services, and support to children and families. Services include day care, coordination of care, and screenings for developmental disabilities.

Contact: nassaucountyny.gov

Day Care: (516) 227-7976

Early Intervention: (516) 227-8661

Variety Child Learning Center

Provides early childhood education and care services.

Contact: vclc.org

Contact: (516) 364-8580

47 Humphrey Drive, Syosset, NY, 11791

Emergency Housing

Catholic Charities Regina Maternity Services

Provides housing, case management, and support services to pregnant women and mothers and their children. For those who qualify, housing fees are covered by Nassau County Department of Social Services.

Contact: catholiccharities.cc/our-services/regina-maternity-services

Contact: (516) 223-7888

29 Kirkwood Ave, Merrick, NY 11566

MOMMAS House

Provides housing to mothers and their children. Offers emergency housing, transitional housing, and permanent housing services. MOMMAS House provides resources and support services to help mothers in all areas of their lives as well as day care. Services include: parenting classes, education and employment services, life skills workshops, and Drive to Thrive.

Contact: mommashouse.org

(516) 781-8637

1857 Wantagh Ave, Wantagh, NY 11793

Nassau County Department of Social Services

Referrals to emergency housing services outside of business hours. DSS Emergency Services can be contacted 4:00 pm - 8:00 am Monday - Friday and weekends and holidays. To apply for non-emergency housing services, arrive at DSS by 12 pm to file an application.

Contact: nassaucountyny.gov

Emergency Services: (516) 573-8626

DSS Main: (516) 227-8519

60 Charles Lindbergh Blvd, Uniondale, NY 11553

Nassau Haven

Provides emergency short-term housing, case management, and crisis intervention to runaway and homeless youth in Nassau County.

Contact: (516)-221-1310 or text (516)-427-9354

Contact: <https://fcali.org/programs-services/residential-care/emergency-youth-shelter>

Housing/Utility Resources

Project Warmth

Offers emergency heating for those who are unable to pay their heating bill.

Contact: Dial 211 or 1-(888)-774-7366

Contact: <https://www.unitedwayli.org/project-warmth-emergency-fuel-fund>

PSEG Long Island

Offers Household Assistance Program which provides a bill credit on every electric bill for customers who receive benefits from certain non-utility financial assistance programs.

Contact:

<https://www.psegliny.com/myaccount/customersupport/financialassistance/householdassistance>