

KATHY RIVERA

LCSW



Phone Number

516.626.1971 Ext. 302

Website

northshorechildguidance.org

Email

krivera@northshorechildguidance.org

Address

North Shore Child & Family
Guidance Center
480 Old Westbury Road
Roslyn Heights, NY 11577

*To schedule an interview or appearance, contact
Jenna Kern-Rugile,
Director of Communications*

516.626.1971 Ext. 337 or jkern-rugile@northshorechildguidance.org

BIO:

Kathy Rivera is the Executive Director and CEO of North Shore Child & Family Guidance Center, Long Island's premiere children's mental health organization that focuses on bringing hope and healing to young people struggling with a wide range of emotional challenges.

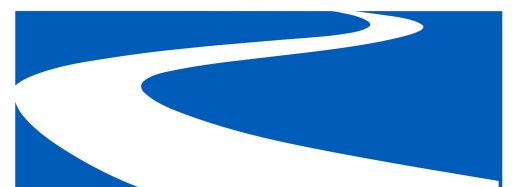
Ms. Rivera took on the leadership role at the Guidance Center in June 2021 and has been successfully managing the operations of the renowned agency during the unprecedented mental health crisis brought on by the pandemic, which has created an epidemic of anxiety, depression and fear among our children and teens.

Ms. Rivera, who earned her Bachelor of Arts degree from Hunter College of the City University of New York and her Master of Social Work from the Hunter College School of Social Work, has 22 years of experience as a social worker, along with an expertise in management. Her deep knowledge of clinical treatment, mental health policy and agency operations provides profound insights and perspective on the ever-changing landscape of mental health.

Subject Matter Expert:

- Children and family mental health
- Depression
- Anxiety
- Suicide Prevention
- Trauma
- Self-injurious behaviors

NORTH SHORE CHILD & FAMILY



GUIDANCE CENTER

where kids and families find hope and healing