

FREE SUPPORT GROUP FOR GRANDPARENTS OF AUTISTIC GRANDCHILDREN

- Also therapeutic support and testing available for all families in Nassau County -

North Shore Child & Family Guidance Center, Long Island's leading children's mental health organization, is actively seeking members for **GASAK, a free support group for grandparents whose grandchildren are on the autism spectrum**. GASAK stands for Grandparent Advocates Supporting Autistic Kids.

When a child faces a mental health challenge, the entire family is impacted. But while people may sympathize with parents and siblings, they often forget that grandparents also struggle with feelings of sadness and helplessness.

GASAK's mission is to support, inform and advocate for grandparents with autistic grandchildren. GASAK participants network and share information on issues critical to families impacted by autism. New members are welcome to join at any time.

Note: *In addition, the Guidance Center provides a variety of therapeutic services for children on the autism spectrum, as well as their parents and other family members. They also provide testing for preschool age children to young adults.*

To learn more about the GASAK group and all the Guidance Center's services, contact Dr. Sue Cohen at 516-484-3174, or email scohen@northshorechildguidance.org.



As the preeminent not-for-profit children's mental health agency on Long Island, North Shore Child & Family Guidance Center is dedicated to restoring and strengthening the emotional well-being of children (from birth – age 24) and their families.

NORTH SHORE CHILD & FAMILY



GUIDANCE CENTER
where kids and families find hope and healing