



NORTH SHORE CHILD & FAMILY



GUIDANCE CENTER

Early Childhood Services

A PROGRAM OF NORTH SHORE CHILD & FAMILY GUIDANCE CENTER

Held at:

North Shore Child & Family Guidance Center
The Marks Family Right from the Start 0-3+ Center
80 North Service Road – L.I.E.
Manhasset, NY 11030-4019

Operating Hours:*

Monday & Friday: 10am – 6pm**
Tuesday & Thursday: 10am – 9pm
Wednesday: 1pm – 9pm

**Telehealth only

To schedule an assessment appointment, call (516) 626-1971.

*In case of emergency after hours, contact our partners at Long Island Crisis Center, (516) 679-1111.

Self and provider referrals welcome. We take most insurance plans, including Medicaid. No one will be denied services due to inability to pay.

Licensed and supported by: Nassau County Department of Mental Health, Chemical Dependency and Developmental Disabilities Services; New York State Office of Mental Health; New York State Office of Alcoholism and Substance Abuse Services. Supported by: New York State Office for People with Developmental Disabilities; New York State Office of Children and Family Services; Nassau County Department of Health; United Way of Long Island; Great Neck Community Fund; Community Chest of Port Washington; and Manhasset Community Fund.

Visit us at www.northshorechildguidance.org



Early Childhood Services

AT NORTH SHORE CHILD & FAMILY GUIDANCE CENTER



- Does your child struggle to connect with peers?
- Do they have difficulty managing their emotions or behavior?
- Do they find it difficult to sit still for long periods of time?

Our experts are here for you during this important time in your child's development.

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Our Approach:

From the very first phone call, our team is with your family every step of the way, from assessment to treatment to healing.

At The Marks Family Right from the Start 0-3+ Center, you and your child will participate in a thorough assessment that takes into account your child's developmental history and your family's situation. An individualized treatment plan will be developed with your family. Individual, family and/or group therapy will be considered as part of the plan.

An evaluation with a child psychiatrist regarding diagnostic clarity or the possible use of medication will also be provided, when needed. Psychological testing is available upon request.

We also provide in-home treatment and referrals to programs and services that will support the development and growth of your child.

Unlike many providers, the Guidance Center promises that at-risk children will be seen within 24-48 hours, when the case is deemed urgent.

Important Note: For emergencies, call 988 or go to your nearest hospital.

Our Programs:

At North Shore Child & Family Guidance Center, we understand that healing isn't one-size-fits-all. Beyond traditional individual, group, and family therapy sessions, we offer a variety of unique programs to meet the specific needs of each child.

Our **Organic Gardening** program allows young clients to "weed out" unhealthy thoughts and behaviors while planting and nurturing new ones. The **Friends of Nancy Marks Nature Nursery** provides a thoughtfully designed outdoor sanctuary for young children to experience nature and learn therapeutic strategies through their senses and play.



The Facts:

- 70% of children and adolescents who experience mental health problems have not accessed interventions at an early age.
- Nearly half of all mental health challenges start before the age of 14.
- 20% of children ages 2-8 years have a diagnosed mental, behavioral, or developmental disorder.
- Delays in treatment lead to worsened conditions that are harder to treat.

Sensory Room:

The Sensory Room is a state-of-the-art facility that allows clients to learn how to self-regulate behaviors, emotions, and senses in a safe environment.

With a diverse array of equipment, including colorful tactile walls, interactive projections, and calming agents, clients are encouraged to express themselves creatively and communicate freely during individual, group, and family therapy sessions.

Made possible by a generous grant from the John and Janet Kornreich Charitable Foundation.



Specialized Groups:

Regular interaction and play with peers helps children learn and grow. Our specialized groups include:

- Big Feelings Groups
- Changing Families Groups
- Mutt-i-grees Animal Therapy
- Socialization Groups

North Shore Child & Family Guidance Center

As the preeminent not-for-profit children's mental health agency on Long Island, North Shore Child & Family Guidance Center is dedicated to restoring and strengthening the emotional well-being of children (from birth-age 24) and their families.

Our highly trained staff of psychiatrists, psychologists, social workers, vocational rehabilitation counselors and other mental health professionals lead the way in diagnosis, treatment, prevention, training, parent education, research and advocacy.

For more than 70 years, the Guidance Center has been a place of hope and healing, providing innovative and compassionate treatment to all who enter our doors, regardless of their ability to pay.

