

KATHY RIVERA

LCSW

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BIO:

Kathy Rivera is the Executive Director and CEO of North Shore Child & Family Guidance Center, Long Island's premiere children's mental health organization that focuses on bringing hope and healing to young people struggling with a wide range of emotional challenges.

Since taking on the leadership role at the Guidance Center in June 2021, Ms. Rivera has been successfully managing the operations of the renowned agency and the mental health crisis which continues to be marked by alarming rates of anxiety, depression, and suicidal ideation among children and teens.

Ms. Rivera, who earned her Bachelor of Arts degree from Hunter College of the City University of New York and her Master of Social Work from the Hunter College School of Social Work, has over 30 years of experience as a Licensed Clinical Social Worker, along with an expertise in management. Her deep knowledge of clinical treatment, mental health policy, and government provides profound insights and perspective on the ever-changing landscape of mental health.

Ms. Rivera uses her sharp wit and commitment to team spirit & professional development to help the agency thrive. She is dedicated toward making a positive impacts on the lives of children, young people, and families!

Subject Matter Expert:

- Children and family mental health
- Depression
- Anxiety
- Suicide Prevention
- Trauma
- Self-injurious behaviors

NORTH SHORE CHILD & FAMILY



GUIDANCE CENTER

where kids and families find hope and healing